# A safe, healthy and active community

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## **Our vision**

In 2040, Maroondah will be a safe, healthy and active community where all people have the opportunity to experience enhanced levels of social, emotional and physical wellbeing.

# **Our community said**

We value the importance of improving physical, social and emotional wellbeing for all people in our community. There needs to be greater focus on promoting and supporting mental wellbeing to build community resilience. We should continue to proactively prevent violence and reduce harms from gambling, alcohol, tobacco and other drugs. Local recreation and leisure facilities and spaces remain highly valued.

# The path ahead

Council will work in partnership to facilitate access to a range of facilities, services and opportunities that enhance community wellbeing. There will be a focus on a range of evidence informed issues including community safety, mental and physical health, and social harms. Community members will have access to a growing network of integrated community hubs that cater for the needs of all people.

"I would love to see a greater focus on community wellbeing through the provision of infrastructure and services."

### **Key directions**

### A safe community

- 1.1 Work in partnership to address community safety and implement initiatives aimed at improving the actual and perceived safety of the community
- 1.2 Plan and advocate for the application of community safety principles that facilitate a safe built environment
- 1.3 Promote and facilitate safer cultures relating to alcohol, tobacco and other drugs
- 1.4 Advocate and work in partnership on initiatives to minimise gambling related harm
- 1.5 Advocate and support initiatives for the prevention of violence against women, children, seniors, and vulnerable community members

### A healthy community

- 1.6 Promote the health and wellbeing of the community through accessible and affordable initiatives and services that respond to community needs
- 1.7 Work in partnership to develop integrated health, leisure and community service hubs that support the needs of community members of all ages, abilities and backgrounds
- 1.8 Work in partnership to address and promote awareness of mental health and embrace a prevention focus that builds the resilience of the community
- 1.9 Promote community wellbeing by supporting and empowering local community groups, sporting clubs and special interest groups across Maroondah

- 1.10 Work in partnership to implement a preventative approach to addressing chronic and communicable diseases, public health and food safety
- 1.11 Advocate and support the establishment and growth of an integrated regional health precinct with increased provision of primary, allied and specialist treatment services and facilities
- 1.12 Work in partnership with local communities to enhance food security and healthy eating

### An active community

- 1.13 Promote physical activity by supporting education initiatives and providing a diverse range of accessible active and passive open spaces, state of the art sporting precincts and integrated recreation facilities
- 1.14 Work in partnership to increase opportunities and create welcoming, supportive and accessible environments for all community members to undertake physical activity

### **Community indicators of progress**

Safe	Perceptions of safety	Percent of Maroondah residents who agree that they feel safe when walking alone at night
	Crime	Offence rate per 100,000 population in Maroondah
Healthy	Self reported health	Percent of Maroondah residents reporting their health as very good or excellent
	Subjective wellbeing	Subjective Wellbeing Index for Maroondah residents
		Maroondah resident satisfaction with life as a whole
Active	Physical activity	Percent of Maroondah residents who are sufficiently physically active

