

## Respite Care Services

### Able Australia Services

616 Riversdale Road, Camberwell 3124 PO Box 1213, Camberwell 3124

Phone: 1300 225 369  
TTY: 9882 6786  
Fax: 9882 9210  
Web: [www.ableaustralia.org.au](http://www.ableaustralia.org.au)  
Email: [info@ableaustralia.org.au](mailto:info@ableaustralia.org.au)

Provides occasional respite which offers a break to family or carers of people with a disability. Available to people between the ages of six and 64 years who rely on the daily support of another person. The services are flexible and operate throughout the year, with a fee of \$5 an hour. They include in-home support respite, community access respite and holiday programs.

### Australian Home Care Services

54 Railway Road, Blackburn 3130

Phone: 9835 9060 or 1800 303 770  
Fax: 1300 557 532  
Web: [www.ahcs.org.au](http://www.ahcs.org.au)  
Email: [eastern@ahcs.org.au](mailto:eastern@ahcs.org.au)

Provides a diverse range of in-home care options - personal care, home help, community access, respite care and live-in care. Service plans are developed in consultation with the care recipient, treating teams and case managers. Services operate every day of the year and 24 hours a day.

The Australian Home Care Eastern office also operates the Mobile Overnight Support Services (MOSS) which is a Department of Human Services (DHS) Eastern Metropolitan Region initiative. MOSS aims to assist people with a disability to increase or maintain their independence through the provision of overnight (after hours) attendant care support in their own, or their family's home. MOSS is seen as an extension of a person's existing supports.

Whilst primarily focused in the Monash region, there may be capacity to assist people living in the Maroondah area and residents should call the AHCS office to enquire about this availability. The types of support services that may be provided include routine, infrequent, ad hoc or for minor emergencies. The support provided is designed to enable a person to remain living in their home.

## Respite Care Services

### Care Connect Inc.

16 - 18 Croydon Road, Croydon 3136 PO Box 1114, Croydon 3136

Phone: 9724 1666  
TTY: 131 450  
Fax: 9723 7055  
Web: [www.careconnect.org.au](http://www.careconnect.org.au)  
Email: [info@careconnect.org.au](mailto:info@careconnect.org.au)

A not-for-profit organisation specialising in assessment, case management, and brokerage services. Provides short and long-term case management for individuals with disabilities (as defined by the Disability Act).

### DASSI

582 Heidelberg Road, Fairfield 3078

Phone: 1300 032 774  
Fax: 9482 3820  
Web: [www.dassi.com.au](http://www.dassi.com.au)  
Email: [contact@dassi.com.au](mailto:contact@dassi.com.au)

Provides personal care, home care, respite care, therapy care and specialist care. Services can range from one hour to 24 hours of support per day, with short and long term bookings available. DASSI services are available to all age groups, disability and aged care. DASSI is a preferred provider of the Respite for Older Carers Program. Call the intake and assessment officer for assistance.

## Respite Care Services

### EACH - Respite for Carers (Disability)

Ringwood Office, 46 Warrandyte Road, Ringwood 3134

Phone: 9871 1850

Fax: 9876 0100

Web: [www.each.com.au](http://www.each.com.au)

Email: [respiteforcarers@each.com.au](mailto:respiteforcarers@each.com.au)

Provides a range of support services to parents and carers of a person with a disability, and people with a disability aged between six and 64 years.

The support services:

- enable carers and the people they care for to have a break from the regular care situation
- allow carers to have time for themselves whilst the person they care for is supported by trained staff
- offer different options for people in different situations
- explore each individual carer's needs and tailor respite options to meet those needs
- assist parents and family members by providing information and referral supports.

### Eastern Recreation and Leisure Services Inc - Respite Program

125 George Street, Doncaster East 3109 PO Box 128, Tunstall Square, Doncaster East 3109

Phone: 9848 9204

Web: [www.erls.net](http://www.erls.net)

Email: [respite@erls.net](mailto:respite@erls.net)

Provides a fantastic opportunity for carers to access a respite service that provides a stimulating outlet for participants.

Participants are encouraged to take advantage of the many benefits that accessible and inclusive sport and active recreation has to offer. They are supported to explore and experience by connecting with community sport and active recreation opportunities available in the region.

## Respite Care Services

### UnitingCare Community Options

Ground Floor, Building 5, Brandon Office Park, 539-540 Springvale Road, Glen Waverley 3150  
Knox O-Zone, Level 1, Suite 3034, 2 Capital City Boulevard, Wantirna South 3152

Phone: 1300 651 463 or 9239 2500

Web: [www.ucco.org.au](http://www.ucco.org.au)

Email: [info@ucco.org.au](mailto:info@ucco.org.au)

Provides support to older people, people with disabilities, and the unpaid carers who support them. The goal is to help people remain living in their own homes, and integrated into their local communities. Services include short, and long-term support as well as a variety of respite and carer support services.

### Villa Maria - Flexible Respite Program

535-537 High Street Road, Mount Waverley 3149

Phone: 9809 6823

Fax: 9803 0800

Web: [www.villamaria.com.au](http://www.villamaria.com.au)

Email: [Respite.services@villamaria.com.au](mailto:Respite.services@villamaria.com.au)

Offers a variety of respite programs.

- For children - four respite facilities based at Kew, Lilydale, Croydon and Wheelers Hill.
- For 6-18 year-olds - children's camps, Saturday and school holiday programs at Mitcham, Kew and Wantirna; after-school and vacation care at Mt Evelyn.
- Monthly adult social programs at Wantirna and Kew; a social group for 16-25 year-olds that meets bi-monthly at Wantirna; camps; a holiday program during December/January at Mount Waverley.
- A social group for children with hearing impairment.

## Respite Care Services

### Yooralla Respite Service Coordination

PO Box 223, Surrey Hills 3127

Phone: 9831 5600  
Fax: 9830 0003  
Web: [www.yooralla.com.au](http://www.yooralla.com.au)  
Email: [ride@yooralla.com.au](mailto:ride@yooralla.com.au)

This program has been designed to assist carers residing with a person with a disability to identify and use meaningful respite. The program assists carers to navigate through a sometimes complex respite service system. It is ideal for carers who do not have current Case Management, and are struggling to identify or use appropriate respite services. The program may suit carers who are currently having difficulty finding appropriate services, or are using services that no longer meet their needs.

### Yooralla RIDE (Respite Information & Development in the East)

PO Box 223, Surrey Hills 3127

Phone: 1300 886 798  
Fax: 9830 0003  
Web: [www.respiteeast.org.au](http://www.respiteeast.org.au)  
Email: [ride@yooralla.com.au](mailto:ride@yooralla.com.au)

An information service about respite available for people aged between six and 64 years with a disability, who live with a primary carer. Carers, people with a disability, and service providers can phone or email RIDE to request information about respite services available in their area. RIDE also administers the respite east website to provide on-line information about respite in the eastern region.

## Social Support Services

### Abound

46 Warrandyte Road, Ringwood 3134

Phone: 9871 1850  
Fax: 9876 0100  
Web: [www.each.com.au](http://www.each.com.au)  
Email: [aames@each.com.au](mailto:aames@each.com.au)

Provides opportunities for people who have an acquired brain injury to participate in low cost recreation and social activities and to develop new skills in a variety of local venues. Has a focus on people's abilities and assisting their future goals.

### Alkira Centre - Box Hill Inc.

3 Thurston Street, Box Hill 3128

Phone: 9890 1365  
Web: [www.alkira.org.au](http://www.alkira.org.au)  
Email: [info@alkira.org.au](mailto:info@alkira.org.au)

Services for adults with intellectual disabilities including: training and support services; residential services; respite services; recreation program.

### Community Friend Program - Melbourne City Mission

123 Albion Street, Brunswick 3056

Phone: 9385 3222  
Fax: 9386 8631  
Web: [www.melbournecitymission.org.au](http://www.melbournecitymission.org.au)  
Email: [cfp@mcm.org.au](mailto:cfp@mcm.org.au)

A social support service for people with a disability. The program promotes and supports leisure opportunities, with the support of volunteers from the local community.