

Respite Care Services

Yooralla Respite Service Coordination

PO Box 223, Surrey Hills 3127

Phone: 9831 5600
Fax: 9830 0003
Web: www.yooralla.com.au
Email: ride@yooralla.com.au

This program has been designed to assist carers residing with a person with a disability to identify and use meaningful respite. The program assists carers to navigate through a sometimes complex respite service system. It is ideal for carers who do not have current Case Management, and are struggling to identify or use appropriate respite services. The program may suit carers who are currently having difficulty finding appropriate services, or are using services that no longer meet their needs.

Yooralla RIDE (Respite Information & Development in the East)

PO Box 223, Surrey Hills 3127

Phone: 1300 886 798
Fax: 9830 0003
Web: www.respiteeast.org.au
Email: ride@yooralla.com.au

An information service about respite available for people aged between six and 64 years with a disability, who live with a primary carer. Carers, people with a disability, and service providers can phone or email RIDE to request information about respite services available in their area. RIDE also administers the respite east website to provide on-line information about respite in the eastern region.

Social Support Services

Abound

46 Warrandyte Road, Ringwood 3134

Phone: 9871 1850
Fax: 9876 0100
Web: www.each.com.au
Email: aames@each.com.au

Provides opportunities for people who have an acquired brain injury to participate in low cost recreation and social activities and to develop new skills in a variety of local venues. Has a focus on people's abilities and assisting their future goals.

Alkira Centre - Box Hill Inc.

3 Thurston Street, Box Hill 3128

Phone: 9890 1365
Web: www.alkira.org.au
Email: info@alkira.org.au

Services for adults with intellectual disabilities including: training and support services; residential services; respite services; recreation program.

Community Friend Program - Melbourne City Mission

123 Albion Street, Brunswick 3056

Phone: 9385 3222
Fax: 9386 8631
Web: www.melbournecitymission.org.au
Email: cfp@mcm.org.au

A social support service for people with a disability. The program promotes and supports leisure opportunities, with the support of volunteers from the local community.

Social Support Services

Directions (EACH)

46 Warrandyte Road, Ringwood 3134

Phone: 9871 1850

Web: www.each.com.au

Email: info@each.com.au

A brokerage model of service delivery for people from 18 to 65 years of age with disabilities. Their disabilities might be intellectual, physical and neurological, or acquired brain injury (ABI). Clients are allocated funds by the Department of Human Services and in consultation with the Directions team they determine what services they would like purchased on their behalf. Directions purchase and pay for those services and monitor the service delivery. A number of social activities are run, which is a great opportunity for people receiving the service to get together.

EACH - Community Participation, Vision Day Supports

46 Warrandyte Road, Ringwood 3134

Phone: 9871 1850

Fax: 9876 0100

Web: www.each.com.au

Email: dsakko@each.com.au

Provides people with high quality activities that address individual needs and enhance independence, abilities, community participation and quality of life. Vision Day Supports for adults and school leavers with a disability, is a community-based day service. Supports are personalised to suit a wide range of needs and interests. They include life skills development; community participation, personal development and self advocacy; social, recreation and leisure activities; pre-employment training; and continuing education.

Social Support Services

Eastlynn ATSS

2-4 Webster Avenue, Croydon 3136

Phone: 9723 0752

Fax: 9724 9937

Web: www.sasi.org.au

Email: kathieg@sasi.org.au

For clients with a disability who require assistance particularly in the area of life skills.

The service offers programs to a wide variety of clients, including those with secondary disabilities such as physical, sensory or psychiatric conditions. Programs are based on the individual needs and abilities of each client as expressed through their Person Centred Plan.

Currently programs include swimming; arts and crafts; literacy and numeracy; recreation/leisure and health; independent living skills; personal skills; sensory awareness. The programs are offered within an enjoyable, stimulating and least restrictive environment to ensure a sense of security for each client.

Interact Learning Services

2/24 Jesmond Road, Croydon 3136

Phone: 9723 3129

Web: www.interactaust.com.au

Email: mhulbert@interactaust.com.au

Provides a range of support services designed to respond to the needs of individuals with intellectual or physical disabilities. Services include independence skills and personal development, physical support, recreational activities, health and fitness, community access, personal care, and transport assistance. Specialised sensory facilities are available to provide support for sensory-impaired individuals.

Social Support Services

Interchange Outer East Inc.

5-7 Yose Street, Ferntree Gully 3156

Phone: 9758 5522

Fax: 9758 5899

Web: www.ioe.org.au

Email: ioe@ioe.org.au

A support service for families of children and young adults with disabilities. A wide range of respite, recreational and social support programs and services are available. Including school holiday program; recreation programs for children, youth, teenagers and adults; family support programs for parents and siblings; outreach coordination; volunteer host program; purchasable respite services; and Balance Services, a post-school option for young adults aged over 18 years.

Knoxbrooke Day Services

977 Burwood Highway, Ferntree Gully 3156

Phone: 9758 3666

Fax: 9752 3589

Web: www.knoxbrooke.com.au

Email: glenb@knoxbrooke.com.au

Supporting people over the age of 18 years in a variety of activities and programs. This is achieved through a person-centred planning approach that identifies what people want to do and what support will they require. Knoxbrooke strives to assist people to develop themselves in reaching their full potential, It provides activities both at its service site and in the community.

Melba Support Services

Ormeau Road, Mount Evelyn 3796 PO Box 316, Mount Evelyn 3796

Phone: 9760 8200

Fax: 9736 2224

Web: www.melbasupport.com.au

Email: melba@melbasupport.com.au

Encourages individuals to identify and pursue a broad range of social, educational, vocational and recreational opportunities which bring meaning and value to their lives. Also supports individuals to become recognised and accepted as valued members of their community.

Social Support Services

Monkami Centre Inc.

2-6 Dixon Avenue, Croydon 3136

Phone: 9725 8677

Fax: 9723 7760

Web: www.monkami.com

Email: admin@monkami.org

An Adult Training and Support Service (ATSS) supporting adults with an intellectual disability. Currently offers a wide range of programs to support ages 18-75 years, in the areas of pre-vocational training, recreation and leisure, and independent living skills. Monkami is well supported by the local area and Maroondah Council, and has many innovative programs in the community to develop better connections for all.

NADRASCA

52-62 Rooks Road, Nunawading, 3131

Phone: 9873 1111

Fax: 9873 2270

Web: www.nadrasca.com.au

Email: nadrasca@nadrasca.com.au

For people with a disability who are registered with the Department of Human Services. Nadrasca is a community based disability service which provides a range of programs to adults with a disability. These programs are designed to meet individual needs, and to enable participation, as fully as possible, as valued members in community life. Services include Nadrasca Industry (a disability supported employment service), day programs and activities for persons with significant disabilities, 24 hour care and independent living, as well as recreational and holiday programs, and aged services.

New Horizons - EACH

46 Warrandyte Road, Ringwood 3134

Phone: 9871 1850

Web: www.each.com.au

Email: dnewnham@each.com.au

Provides social support and advocacy for adults with disabilities and minimal support needs.

Social Support Services

Statewide Autistic Services (SASI)

13 Sir Laurence Drive, Seaford 3198 PO Box 2036, Seaford 3198

Phone: 9773 6044

Web: www.sasi.org.au

Email: enquiries@sasi.org.au

Provides a day program for young people 18 years old and over who have severe, challenging behaviours and multiple disabilities, especially autism. The program is based on client needs and includes swimming, arts and crafts, living skills and various community-based and recreational activities. Pre-vocational training, recreational programs, and community access are provided. Support and training are available for families, siblings and staff. Interpreters can be arranged.

UnitingCare Harrison

1012 Little Burwood Highway, Wantirna South 3152 PO Box 4503, Knox City 3152

Phone: 9871 8700

TTY: 9800 3569

Fax: 9801 3134

Web: www.harrison.org.au

Email: Melanie.ellis@harrison.org.au

Offers a range of outreach and live-in skill development programs to assist people with an intellectual disability from the Eastern Metropolitan region of Melbourne to develop independent living skills. There is also a matching and referral service to link people with a disability to others with similar interests, needs, goals and aspirations so they can share a flat or house together.

The Gifford Arts Project is for adults who have a disability and who want to pursue artistic activities with a focus on visual arts. The project operates on Mondays at the Croydon North Uniting Church from 1pm to 4pm.

Social Support Services

Villa Maria - Disability Services - Gateway

355 Stud Road, Wantirna South 3152

Phone: 9800 7240

Web: www.villamaria.com.au

Email: gww.teamleader@villamaria.com.au

Works with people to create a plan for their future and then looks at how Gateway can support them to bring their plan to life. Services are located in Wantirna, Mount Waverley and Kew and provide a variety of opportunities for adults with intellectual disability or acquired brain injury, some of whom also have physical disability. The programs operate Monday to Friday from 9am to 3pm.

Wesley Disability Homeshare

10 Croydon Road, Croydon 3136

Phone: Co-ordinator 0411 202 213 Head office 9666 1231

Fax: 9666 1236

Web: www.wesley.org.au/programs/homeshare.html

Email: homeshare@wesley.org.au, or, kjeff@wesley.org.au

Matches older householders and householders with a disability who are looking for help and companionship around the home, with people of integrity who are able to provide this assistance in return for affordable accommodation.

Wesley Do Care

Suite 1, 168 Boronia Road, Boronia 3155

Phone: 9762 5211

Fax: 9762 5390

Web: www.wesley.org.au

Email: docareeast@wesley.org.au

A social service for socially isolated, frail older people and adults with disabilities. The service assists individuals to become involved with, and remain in their community. It is available to people of any religion, race, ethnic or language group and operates throughout metropolitan Melbourne, offering a flexible respite service for carers. Wesley Do Care relies on the generosity of volunteers who contribute their time to support others.