

My Body! What I say goes!

An important conversation about
body safety and consent

Thursday
2 and 9
December
4.30pm to 5pm

Online event

For parents,
carers and their
children aged
3 to 5 years old

A conversation about body safety and consent can often be a difficult one to have with young children but it is one we need to have. This two-part webinar is directed at children - with their parents/carers with them - so they can learn the 5 Body Safety Messages found in the 'My body! What I say goes!' book by Jayneen Sanders.

Every participant will receive a copy of the book as part of their registration.

Sessions will include:

- Talking about feelings
- Talking about early warning signs when they feel unsafe
- Understanding a safety network and how to build one
- Body parts and how to use the correct names
- The difference between secrets and surprises

The webinars are presented by Neil Milton, General Manager ChildSafe Australia, and his daughter, Grace.

How to book

Book online at: www.trybooking.com/BVNLZ

You will be sent an email with a link to join the sessions once you make a booking.

For more information, please contact Cathie Wills, Children's Services Project Officer on 9294 5740 or email childrens.services.events@maroondah.vic.gov.au

\$5 per
family
Bookings
essential



Neil Milton