

'Making Space' Group

Are you overwhelmed by clutter and looking for support, information, and motivation?

Come and join our friendly group facilitated by Maroondah City Council's Occupational Therapy Team.

First Tuesday of each month 1pm to 3pm Federation Estate

Session details

When: first Tuesday of every month (February to December) November session will be held on second Tuesday of the month

Time: 1pm to 3pm

Where: Federation Estate Federation Room, 32 Greenwood Avenue, Ringwood. On-site parking, close to Ringwood Railway Station.

More information and how to book

Bookings are essential - please call Paula or Kath on 9294 5729 or email <u>OT@maroondah.vic.gov.au</u> for more information.

*participants must be over 18 years and residing in the Maroondah, Knox or Yarra Ranges Council areas

This program is supported by the Victorian Department of Families, Fairness and Housing and the Commonwealth Department of Health









1300 88 22 33 or 9298 4598

www.maroondah.vic.gov.au