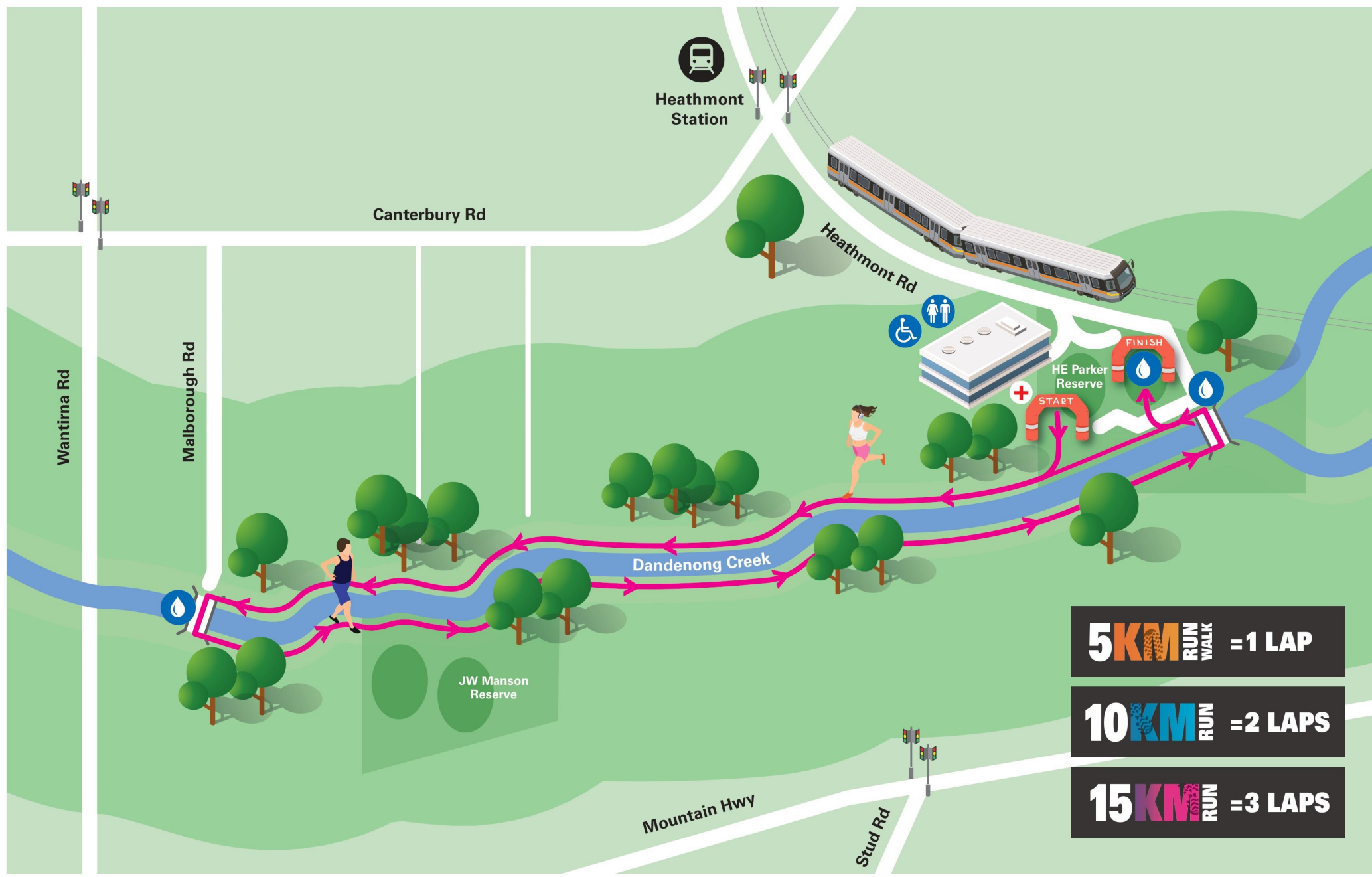


RACE ROUTE



5KM RUN WALK = 1 LAP

10KM RUN = 2 LAPS

15KM RUN = 3 LAPS